Dear Colleagues,

On behalf of the organizing committee, especially the amazing Wake Forest Baptist Health dermatology residents, I welcome you to the 39th Annual Southeastern Consortium for Dermatology. Our program promises to be educational, interactive, and collegial. Superb speakers from throughout the region will lecture on topics ranging from the management of chronic itch to procedural dermatology. Dr. Brett Coldiron, from The Skin Cancer Center in Cincinnati, Ohio, will join us as our honorary Lund Lecturer and will discuss “The Future of Dermatology.” Please join us as well for live patient presentations on Sunday, where challenging and interesting patients from the region will be presented for discussion and comment. Again, your full participation in this program is most welcome, and I look forward to seeing you over the weekend.

Sincerely,

Amy McMichael, MD
THINGS TO DO IN WINSTON SALEM

Welcome to Winston-Salem, North Carolina! Below is a list of some of our favorite spots for dining and entertainment. We hope that you enjoy your stay in “The Dash!”

Breakfast & Caffeine
Camino Bakery – 310 West 4th Street (0.2 miles)
Mary’s Gourmet Diner – 723 Trade Street NW (0.4 miles)
Krankies Coffee – 211 East 3rd Street (0.5 miles)

Lunch
Mellow Mushroom (Pizza) – 314 West 4th Street (0.1 miles)
Mooney’s Mediterranean Café – 101 West 4th Street (0.2 miles)
Sweet Potatoes (Southern) – 529 Trade Street NW (0.2 miles)
Skippy’s (Hot Dogs) – 624 West 4th Street (0.3 miles)
Bib’s Downtown (BBQ) – 675 West 5th Street (0.3 miles)

Dinner
The Honey Pot – 285 West 4th Street (0.1 miles)
Jeffrey Adams on Fourth – 321 4th Street NW (0.1 miles)
Downtown Thai – 271 West 4th Street (0.2 miles)
The Old Fourth Street Filling Station – 871 West 4th Street (0.6 miles)
Mozelle’s Fresh Southern Bistro – 878 West 4th Street (0.6 miles)
Bernardin’s Fine Dining – 901 West 4th Street (0.6 miles)
Meridian – 411 Marshall Street SW (0.7 miles)

Activities
Old Salem Historic District – 900 Old Salem Road (1.2 miles)
Dixie Classic Fair – Forsyth County Fairgrounds – 421 West 27th Street (2.6 miles)
WFU vs Florida State home football game (Saturday) – BB&T Field – 499 Deacon Boulevard (2.7 miles)
Reynolda House Museum of American Art – 2250 Reynolda Road (3.1 miles)
Reynolda Village Shops & Restaurants – 2201 Reynolda Road (3.3 miles)
The Southeastern Center for Contemporary Art (SECCA) – 750 Marguerite Drive (3.3 miles)
Raylen Vineyards and Winery – 3577 US-158, Mocksville, NC (18.3 miles)
Pilot Mountain State Park – 1792 Pilot Knob Park Road, Pinnacle, NC (21.4 miles)

Evening Hot Spots
Small Batch Beer Co. – 241 West 5th Street (<0.1 miles)
Tate’s Craft Cocktails – 279 West 4th Street (0.1 miles)
Bull’s Tavern – 408 West 4th Street (0.1 miles)
Finnigans Wake – 620 Trade Street (0.2 miles)
Sixth and Vine – 209 West 6th Street (0.2 miles)
Single Brothers – 627 Trade Street NW (0.3 miles)
Foothills Brewpub – 638 West 4th Street (0.3 miles)

Title: “Low Hanging Fruit for Improving Patient Outcomes”
Speaker: Steven R. Feldman, MD; Wake Forest Baptist Medical Center, Professor, Dermatology
Objectives:
1. To describe how well (poorly) patients use dermatological treatment
2. To list ways to improve patients’ use of medications
3. To describe factors that affect patients’ satisfaction

Notes:
Title: “Management of Skin Cancer in Solid Organ Transplant Recipients: Guidelines for Medical Dermatologists”

Speaker: Sarah Myers, MD; Duke University School of Medicine, Associate Professor, Dermatology

Objectives:
1. Understand scope of skin cancer risk in SOTR
2. Learn medical therapeutic options for management of complicated skin cancer in SOTR
3. The value of the Dermatology Transplant Clinic

Notes:

October 2, 2015

The Southeastern Consortium for Dermatology and the Department of Dermatology of Wake Forest School of Medicine welcome you to the 39th Annual Southeastern Consortium for Dermatology Conference. An outstanding activity has been planned for you, so we hope that you enjoy this educational experience.

In regard to this year’s activity:

Objectives:
At the conclusion of this activity, participants should be better able to:
- Explain the indications for and demonstrate skills in dermatological procedures, with an emphasis on cosmetics
- Discuss treatment options, pitfalls, and successes in the management of selected dermatological conditions.
- Highlight the importance of compliance and discuss techniques to increase patient adherence to treatments.
- Discuss the future of our specialty and develop a plan for improving advocacy and cost efficacy in dermatology.
- Recognize and understand management of rare and complex medical dermatology conditions.

Agenda, Faculty, & Commercial Supporters:
The agenda, a list of participating faculty, and commercial supporters are enclosed for your review.

Disclosure Statement:
As an accredited CME provider, Wake Forest School of Medicine requires that everyone involved with a CME activity comply with the Accreditation Council for Continuing Medical Education (ACCME) Standards for Commercial Support of CME: Standards to Ensure the Independence of CME Activities. All planning committee members, staff, and speakers have disclosed any significant financial interests or relationships they have with the manufacturer(s) of any commercial product/services. Their responses are included in this handout.

Evaluation & Credit Certificates:
At the end of the conference, you will be sent a link via e-mail so you can submit your evaluation on-line. Please be sure to visit the Registration Desk and confirm that we have a valid e-mail address for you. Once you complete your evaluation, you will have the option to print a credit certificate. You are on your honor to claim the appropriate number of credits. You will have two weeks from receipt of the e-mail to complete the evaluation and print your certificate.

Accreditation:
The Wake Forest University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit:
The Wake Forest University School of Medicine designates this live activity for a maximum of 9.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Attendance:
Please be sure to sign-in each day to document your attendance.

Once again, we hope that you find this post-graduate course helpful. If there is anything that we can do for you while you are here, please do not hesitate to ask any of the faculty or our staff at the registration table. If you have any questions once you leave, please call the Office of Continuing Medical Education at 336-713-7754. Thank you for coming!
Title: “Putting the Squeeze on the Swollen Leg in 2015”
Speaker: Loretta Davis, MD; Georgia Regions Medical Center, Section Chief and Professor, Dermatology

Objectives:
1. Embrace new approaches to use of support stockings
2. Understand the importance of the medication list as it pertains to lower leg swelling
3. Take an aggressive stance fighting for the quality of life of the lower extremity

Notes:

AGENDA

Friday, October 2, 2015: Procedural Dermatology

11:30 am  Registration and Exhibits Open
12:00 pm  Lunch - Exhibit Hall
1:00 pm  Welcome and Introductory Remarks: Amy McMichael, MD
1:05 pm  Less is More Surgery: Brett Coldiron, MD
1:25 pm  Pediatric Procedural Dermatology Pearls: Craig Burkhart, MD
1:45 pm  Update in Lasers in Dermatology 2015: Gilly Munavalli, MD, MHS
2:05 pm  Faculty Panel: Amy McMichael, MD; Brett Coldiron, MD; Craig Burkhart, MD; Gilly Munavalli, MD, MHS
2:15 pm  Break - Exhibit Hall
2:30 pm  Hair Restoration for the Dermatologist: Jerry Cooley, MD
2:50 pm  Anatomy as it Relates to Injectables: Sue Ellen Cox, MD
3:10 pm  Trends in Energy-Based Devices in Cosmetic Dermatology: Gilly Munavalli, MD, MHS
3:30 pm  Faculty Panel: Amy McMichael, MD; Jerry Cooley, MD; Sue Ellen Cox, MD; Gilly Munavalli, MD, MHS
3:40 pm  Break - Exhibit Hall
4:50 pm  Cosmetic Patient Demonstration: Gilly Munavalli, MD, MHS; Sarah Taylor, MD, MPH
5:00 pm  Welcome Reception - Exhibit Hall
Saturday, October 3, 2015: Updates in Clinical Dermatology

7:00 am  Breakfast and Exhibits Open - Exhibit Hall
7:40 am  Introductory Remarks: Alan Fleischer, MD
7:45 am  Herbert Z. Lund Lecture: The Future of Dermatology: Brett Coldiron, MD
8:35 am  Questions and Answers: Brett Coldiron, MD
8:40 am  Methotrexate in Dermatology: Julia Nunley, MD
9:00 am  Chronic Itch and Its Management: Gil Yosipovitch, MD
9:20 am  Approach to Dermatology Consults on the Leukemia Service: Lindsay Strowd, MD
9:40 am  Faculty Panel: Alan Fleischer, MD; Julia Nunley, MD; Gil Yosipovitch, MD; Lindsay Strowd, MD
9:45 am  Break - Exhibit Hall
10:20 am  Cutaneous Sarcoidosis: Richard Marchell, MD
10:40 am  Putting the Squeeze on the Swollen Leg in 2015: Loretta Davis, MD
11:00 am  Management of Skin Cancer in Solid Organ Transplant Recipients: Sarah Myers, MD
11:20 am  Low-Hanging Fruit for Improving Patient Outcomes: Steven R. Feldman, MD, PhD
11:40 am  Faculty Panel: Alan Fleischer, MD; Richard Marchell, MD; Loretta Davis, MD; Sarah Myers, MD; Steven R. Feldman, MD, PhD
11:50 am  Poster Awards Announced: William Huang, MD, MPH

Sunday, October 4, 2015: Patient Presentations and Discussion

7:30 am  Buses available to transport attendees to Wake Forest Baptist Health Dermatology Clinic: Depart from Marriott
8:00 am  Breakfast
8:30 am  Patient Presentations at Wake Forest Baptist Health Dermatology Clinic
10:15 am  Buses available to transport attendees to Benton Convention Center
10:45 am  Clinical Discussion at Benton Convention Center
     Panel: Joseph Jorizzo, MD, and Omar Sangueza, MD
     Guest Discussants: Tamison Jewett, MD; Daniel Krowchuk, MD; Mary Silvia, MD
12:45 pm  Adjournment
Title: “Approach to Dermatology Consults on the Leukemia Service”
Speaker: Lindsay Strowd, MD; Wake Forest Baptist Medical Center, Assistant Professor, Dermatology
Objectives:
1. Learn what dermatologic conditions are most common in this patient population
2. Understand how to systematically approach skin findings in this patient population
3. Review the role and utility of skin biopsy in leukemia patients

Notes:
Title: “Chronic Itch and Its Management”
Speaker: Gil Yosipovitch, MD; Temple University School of Medicine, Professor and Chair, Dermatology

Objectives:
1. Gain knowledge of current understanding of pathophysiology of chronic itch
2. Improve clinical problem solving ability
3. Choose best treatment options based on the medical knowledge gained

Notes:
Title: "Methotrexate in Dermatology"
Speaker: Julia Nunley, MD; Virginia Commonwealth University, Professor, Dermatology

Objectives:
1. Discuss potential adverse effects of methotrexate therapy
2. Appropriately select and monitor patients on methotrexate
3. Appropriately use medications in combination with methotrexate

Notes:

COMMERCIAL SUPPORTERS
This CME activity is funded in part by educational grants from:

Lilly
Valeant Dermatology
Celgene
DUSA Pharma
Merz

EXHIBITORS
Please be sure to visit our exhibitors in the Exhibit Hall:

PLATINUM
AbbVie

GOLD
Galderma
Janssen Biotech

STANDARD
Actelion
Allergan Medical Dermatology
Amgen
DUSA Pharma
Everything Esthetic
Genentech
Hill Dermaceuticals
Johnson and Johnson
Leo Pharma
Lilly
Lumenis
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Novartis
Prestium Pharma
Syneron Candela
Therakos

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As an accredited CME sponsor, Wake Forest School of Medicine requires that its speakers comply with the ACCME Standards for Commercial Support: Standards to Ensure Independence in CME Activities. All planning committee members, staff, and faculty/speakers have been asked to disclose any significant financial interest or relationship that they may have with the manufacturer(s) of any commercial product/service that is discussed as part of their presentation. Their responses are listed below. The commercial support standards also require that their presentation be free of commercial bias and that any information regarding commercial products or services be based on scientific methods generally accepted by the medical community. When discussing therapeutic options, they have been asked to use only generic names. If it is necessary to use a trade name, then those of several companies are to be used. Further, should their presentation include discussion of any unlabeled/investigational use of a commercial product, they are required to disclose that information to the audience.

In the spirit of full disclosure, the following information is provided to all attendees:

Sue Ellen Cox, MD receives grant/research support from Kythera and Evolus. She serves as a consultant and is on the speaker’s bureau for Allergan, Galderma, Merz, and Valeant.

Steven Feldman, MD, PhD receives grant/research support from Galderma, GSK/Stiefel, Leo Pharma, Celgene, Pfizer, Valeant, Abbvie, Anacor, Janssen, Novartis, Quirent, and National Biological Corporation. He serves as a consultant for Galderma, GSK Stiefel, Leo Pharma, Baxter, Boehringer Ingelheim, Mylan, Celgene, Pfizer, Abbvie, Cosmederm, Janssen, Lilly, Merck, Novartis, Quirent, Caremark, Advance Medical, and Suncare Research. He is on the speakers’ bureau for Janssen, Novartis, and Celgene. He is a shareholder/owner and company officer of DrScore.com and Causa Research.

Alan Fleischer, MD receives grant/research support from Galderma, Regeneron, and AbbVie. He is a consultant for Kikaku America International and is an employee of Merz North America.

William Huang, MD serves as a consultant to XOMA.

Joseph Jorizzo, MD serves on the speakers’ bureau for Amgen, Leo, and Actavis.

Amy McMichael, MD receives grant/research support from Allergan, Proctor & Gamble, and Samumed. She serves as a consultant to Allergan, eResearch Technology, Inc., Galderma, Guthey Renker, Johnson & Johnson, Keranetics, Merck & Co., Inc., Merz Pharmaceuticals, Proctor & Gamble, Samsuned, and Incyte. She receives royalties from Informa Healthcare and UpToDate.

Girish Munavalli, MD receives grant/research support from Lutronics and Zeltiq. He serves on the speakers’ bureau for Lutronics, Lumenis, DUSA, and Allergan.

Gil Yosipovitch, MD receives grant/research support from GSK/Stiefel, Leo Foundation, and Pfizer. He serves as a consultant to Creabilis, Cosmederm, Trevi, Tiger Cat, Pfizer, Celgene, Eli Lilly, Johnson & Johnson, and Chugai.

No other faculty or planning committee member had anything to disclose.
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11:50 am  Poster Awards Announced: William Huang, MD, MPH
Title: **Patient Cosmetic Demonstration**

Speakers: Gilly Munavalli, MD, MHS; Dermatology, Laser and Vein Specialists of the Carolinas, Charlotte, NC  
Sarah Taylor, MD, MPH; Dermatology Wake Forest Baptist Medical Center, Assistant Professor, Dermatology

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<td>University of North Carolina-Chapel Hill</td>
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Title: “Hair Restoration for the Dermatologist”
Speaker: Jerry Cooley, MD; Carolina Dermatology Hair Center, Charlotte, NC

Objectives:
1. Learn the various patterns of androgenetic alopecia in men and women, proper diagnostic workup, and clinical imitators
2. Understand medical and complementary non-surgical options to treat hair loss
3. Attain a basic understanding of modern hair restoration surgery including techniques (FUT vs FUE), as well as its indications, risks, and realistic outcomes

Notes:

All lecture presentations will be available for you to review and download via the following website after the conclusion of the SEC meeting:

http://tinyurl.com/p3kvee6
Title: “Update in Lasers in Dermatology 2015”
Speaker: Gilly Munavalli, MD, MHS; Dermatology, Laser and Vein Specialists of the Carolinas, Charlotte, NC

Objectives:
1. Learn about new trends in laser treatment for cosmetic skin treatments
2. Identify, classify, and discuss evidence-based and anecdotal indications for current and new lasers
3. Discuss future trends in laser design and development that may appear in the marketplace

Notes:
Title: “Pediatric Procedural Dermatology Pearls”
Speaker: Craig Burkhart, MD; University of North Carolina School of Medicine, Associate Professor, Dermatology
Objectives:
1. Identify pediatric patients who will be able to tolerate procedures under local anesthesia
2. Review risks of anesthesia in infants and children
3. Recognize differences in procedural treatment plans for children versus adults

Notes:

Title: “Less is More Surgery”
Speaker: Brett Coldiron, MD; The Skin Cancer Center, Cincinnati, OH
Objectives:
1. To achieve best possible reconstructive outcomes with least trauma
2. How to deal with cancer in the bone
3. How to deep plicate and repair

Notes: